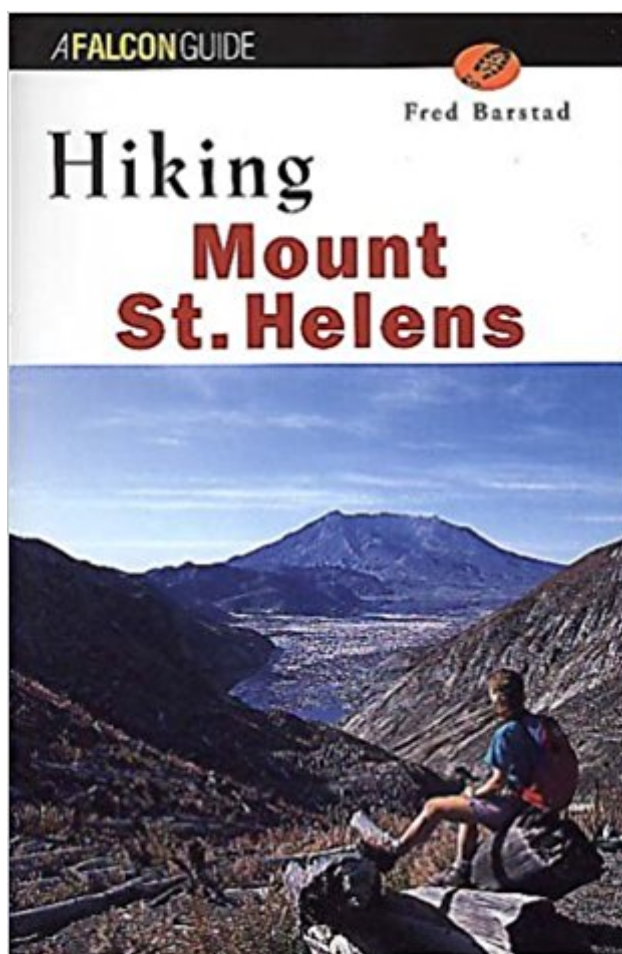


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Hiking Mount St. Helens (State Hiking Guides Series)



Synopsis

In southwest Washington, and less than 50 miles northeast of Portland, Oregon stands the most famous active volcano in the continental United States. Hiking Mount St. Helens is the comprehensive trail guide to this National Volcanic Monument. The hikes described here will provide you with a close-up look at the destruction and remarkable recovery of the land since the famous 1980 eruption. With hikes that range from short strolls to overnight backpack trips, Hiking Mount St. Helens was written for all types of trekkers. Featured are 61 detailed hike descriptions covering the monument's 214 miles of trails. For the high-altitude enthusiast, there is a climb to the summit of the active volcano. Tips on viewing wildlife and other natural history notes are included, and detailed maps, elevation profiles and trail finder charts make planning your hike a cinch. Whether you have a week to explore or just a couple of hours to stroll, make Hiking Mount St. Helens an essential part of your trip to this spectacular natural area.

Book Information

Series: State Hiking Guides Series

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Customer Reviews

Hiking Mount St. Helens is the comprehensive trail guide to exploring this National Volcanic Monument and leading you on hikes that will provide you with a close-up look at the destruction and remarkable recovery of the land since the eruption almost 20 years ago. And for those looking for a shorthand guide to the easier hikes on the Mountain, author Fred Barstad has also written Best Easy Day Hikes Mt. St. Helens.

Good Info

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